

Breastfeeding and Mental Health: What's the Connection?

**Wednesday, October 27, 2021
1-3 pm EDT**

A National, Collaborative Webinar for Sharing and Learning

Includes perspective on lived experience from parent partners, latest research on the link between mental health and breastfeeding, and how to support the well-being of women and families impacted by mental health issues while breastfeeding

This webinar will be of interest to those with breastfeeding experience and those working with and supporting breastfeeding parents.

Virtual - free to attend - offered in both French and English

For more information and to register, see <https://forms.office.com/r/D4UnFwfngY>

